



AETHER – EDITORIAL

## STOP PEER PRESSURE!

Peer pressure is happening all over the world. It makes you feel as if you have to fit in. I think the youth and teens want to fit in because of how segregated some schools and colleges can be with different groups. Everyone is classified, only the lucky ones get classified as somebody. The rest fall into peer pressure.

Peer pressure makes you feel insecure about yourself and makes you do unreasonable things only to fit in. It also lowers your self-esteem. The main reason teens fall into peer pressure is because they're scared. They are scared to "say no" because their friends might think they're "lame or uncool". They don't want to face the cruel reality of being a teen and saying no to things that people will think is actually cool.

I believe peer pressure should be stopped. Every teenager shouldn't have to go through peer pressure. Even if you're faced with peer pressure while you're alone, there are still things you can do. You can simply stay away from peers who pressure you to do stuff you know is wrong. You can tell them "no" and walk away. Better yet, find other friends and classmates to pal around with. Ralph Emerson once said, "To be yourself in a world that's constantly trying to make you something else is the greatest accomplishment". So be yourself because an original is always worth more than a copy.

EDITOR OAIZY GOMES

## ACCIDENTALLY STONED

by MS. SONIA SABNIS

On Tuesday morning, 25 July the sound of people chewing their food and talking amongst each other, was accompanied by the sound of a grass cutting machine nearby the canteen. Aditi Nayak, an SYBA student was sitting in the canteen sipping her tea, completely unaware of what was coming her way. All of a sudden, she cried in pain as a tiny stone struck her eye after being ejected from the grass cutting machine.

On washing her eye, the tiny stone fell out revealing a bloody cut near the pupil in her right eye. Aditi was rushed to a nearby doctor who inspected the cut in her eye and gave her eye drops and an injection to prevent infection. The

doctor also advised her to rest her eye for the entire day in order to not cause any swelling. Luckily, this injury was a minor one but in another scenario it could have been much worse. What happened to Aditi could have happened to anyone else.

Work that involves the use of machines that could in any way hurt a student or even the staff and teachers, must be conducted either before college starts or after college ends. We do not realise the danger of such activities until something severe happens. Let us not wait for a worse accident to happen. Let us do our part and take the necessary preventive measures. \*\*\*

## A GOOD COUNSEL IS TO TALK

BY MS. SHAHEEN PARVEEN

The Teenage years is all about excitement, energy, craziness, dreams, fantasies and breaking free. But as colourful and exciting it may seem, it is also the phase where one experiences mixture of feelings, hormonal changes, peer pressure, and confusion. And this is why teenagers become more vulnerable to conditions like depression, relationship issues, eating disorders etc. for which, if one does not seek proper help can lead to drug abuse and suicidal tendencies.

Every institution has a counsellor and so does our College. Ms. Vidya Balekai, College Counsellor, is a person if you are in need of help. When inquired by team Aether, we got to know that there is a relatively small number of students who approach her in a month. She comments, "I feel that the main reason students don't approach is because they can't due to their busy schedule, completing their assignments, projects, Continuous Assessments and the struggle to maintain

75% attendance. Another issue with the teenagers is that they think that their problems are unsolvable."

Suggesting a solution she said, "sometimes the students are more comfortable with their own teachers so they can talk to those teachers with whom they share a good bond, wherein they can freely discuss the problems and take advice and try to find solutions." On a final note, she appealed to the students saying, "I welcome students and request them not to hesitate in approaching and seeking help from me as all the shared information of the student or client

is kept highly confidential. The number of counselling sessions depend upon the severity of the problem also students have freedom to fix appointments according to their flexibility and time table."

Do not suffer in silence, overcome the problem. No problem exists without solution. As Christopher Reeve said, "Once you choose hope, anything is possible.

If you feel you or your friend needs help, contact the counsellor in the Writing Centre. You can also mail the counsellor -vrb002@chowgules.ac.in \*\*\*



## ALPHA - THE ULTIMATE FRESHER'S PARTY!

Guys! Guess what? The English department first year students got a mind blowing and a fun filled fresher's party. "ALPHA", the department of English Fresher's induction was held on the 21<sup>st</sup> of July on Friday in the upper auditorium. The theme for the fresher's party was Animated Movies. The whole auditorium was decorated with balloons and fairy lights giving it a theatre look. The F.Y's came in at 3.00 pm when the seniors were all set to give them the best fresher's party ever.

The SY students were dressed up as animated characters. There was the Alice from Alice in Wonderland, Kung Fu

panda, the Mad Hatter, Russell from UP!, Rapunzel, Dash from the Incredibles, and MegaMind. They started by putting up a small play for the freshers. The play was followed by a welcome speech given by Dr. Sonia da Costa the Head of English Department. Later on, all the fresher's were called down one by one to introduce themselves and to pick a chit, and answer a silly question and collect their mementos (Hand-made badges by their seniors). Not just that, but the seniors also welcomed three new teachers, Ms. Delilah Pacheco, Ms. Gargi Bhat and Ms. Ashwati Jagdish.

Once all the mementos were given out. Asst. Prof Andrew Barreto showcased a

**BY MS. BRULYNN CASTELLO**

video regarding the English department, and all the events of the last academic year including Pegasus and the Bard by the Mandovi - The Shakespeare Festival. And while this was going on the students were served yummy cupcakes and popcorn (Cakes made by Ms. Savia Gonsalves).

This was not it! The fresher's were once again called down to play Twisters, after which the whole shindig ended with music playing and everyone dancing. What a scene to watch! And finally a lot of photographs were clicked. Alpha ended by 5.00 pm in the evening with a lot of laughter and fun. \*\*\*



Pic: Alpha Snapshots!



## WHERE IS YOUR MONEY GOING?

If you haven't noticed it yet, please go and check your college fee receipt. A major chunk of the money we pay as fees includes charges for Student Support Services. The fee structure of the college shows that Rs. 9000/- out of the fee we pay is used for the same. Do you know where and how your parent's hard earned money is being used? If you do not know about it, it's pretty sure that you learnt the chapter on Consumer Rights just for the sake of exam and marks. One should be aware of where and how the money you pay is being used. Well, let me help you with that. The Principal of our college,, provided information on what are the facilities provided for the students using the money we pay for Student Support Services.

The following facilities are provided under Student Support Service:

- Unlimited use of wi-fi on the college campus.
- Unlimited use of computer labs.
- Benefit of uninterrupted power supply facility on the college campus.
- Benefit of a clean and healthy campus.

- Benefit of clean and hygienic canteen and convenient stores facility.
- Benefit of state-of-the-art gymnasium facility on the campus at concessional rates.
- Unlimited use of Writing Centre
- Unlimited use of Career and Personal counselling and guidance.
- Unlimited use of Statistical Analytical Support.
- Concessional fees for Business English Certificate Examination.
- Opportunities to participate in short term International Exchange Programmes with renowned Educational Institutions abroad.
- Opportunities to pursue academic courses in highly ranked universities overseas.
- Participate in internship programme to gain valuable work experience while pursuing academic courses.
- Get benefit from continually updated course content in academics.
- Concessional fees on Portuguese language courses.
- Membership of Portuguese Film Club.
- Use of technical and learning support

for computer programmes.

- Benefit on International faculty on the campus.
- Benefit and use of the state-of-the-Art Tiger Studio on the campus.
- Funding for selected departmental events.
- Concessional rates at physiotherapy centre.
- Part funding for Prom Night and Graduation ceremony.
- Concessional fees for short term courses/programmes.
- Extended hours of library usage on request.
- Benefit of 20 books issue from library.
- Extra faculty/invited guest faculty to facilitate teaching learning.

All these benefits and facilities are unique to the college. The fee is for continued use and maintenance of these facilities and not for creating them. In case there is difficulty in paying these fees, the scheme "earn while you learn" is available to the students.

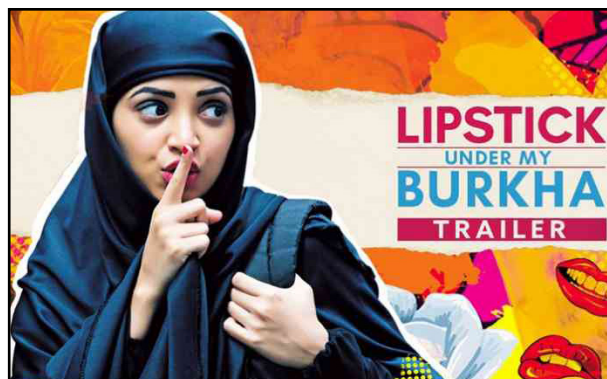
**Note:** In case of any difficulty, please contact the Principal of the college.

**BY MS. JASHMI SIRAKAJE**

A build up, blown out.  
(Rating- 5/10)

## LIPSTICK UNDER MY BURKHA

And Leela is being forced into getting married. However, they each have a secret of their own. Usha reads erotic romance and wishes her fantasies would materialise. Shirin secretly works as a



sales person and longs for the respect, acknowledgement and affection of her husband, Rihana is keeping her talent for music from her parents and is a kleptomaniac. And lastly Leela, Although engaged to a guy she doesn't fancy, is sexually involved with another man. The four characters address the issues of individual identity and freedom of choice and it portrays the frustrations of an average woman and the preposterous levels she has to stoop to, to pursue a

dream- sexual or nonsexual.

The movie has a lot going on and the build up to the climax isn't bad. There are a number of pretty commendable scenes that are empowering. However, after all that goes on, when you'd expect these women to finally stand up for themselves, Nothing Happens!! At the end of the movie, these four very capable women just "go along with it", no questions asked. You find yourself staring at black screen, thinking, "What? That's.... It?" The female filmmaker provided no closure, no stand, no fight. For the expectation that had been set of a worthy feminist movie, it turned out to be more of an anti-men and "Fantasies have fares" themed movie. The issue being both, new and sensitive needed to be handled with more finesse. I think we ought credit the effort and courage of the makers of the movie and watch the movie but bear in mind, you might not walk out of the theatre as enthusiastically as you walked in.

**- MS. CHARMINE PEREIRA**

**R** *Lipstick Under My Burkha* is quite an outspoken movie about female fantasies by the standards of Indian Cinema but it does leave you with a wave of mixed feelings. It is written by Alankrita Srivastava and produced by Prakash Jha. The movie features really strong female actresses- Ratna Phatak, Konkona Sen Sharma, Plabita Borthakur and Aahana Kumrah. After a number of controversies about its content the film finally hit the screens on 21st July 2017. The movie is essentially about the lives of four women of different age groups- their lives as compared to what they expect it to be. Usha is a middle aged, single woman- the matriarch of a closed neighbourhood. Shirin is a wife caught in a loop of pregnancies and abortions. Rihana is a college student that's shackled by the restrictions of her conservative father.



Honours Form

HSSC Students Forms

Library

- Search A Media
- My Library Records
- Movie/Film Collection
- Ask E-Resource
- Reservation List

PIC: Image 1

## WHERE ARE OUR E-RESOURCES?

When you use the college website under the Library sub-section, you might have noticed that 'Ask for E-resources' section, which is supposed to be highly utilitarian, actually doesn't work! (refer image 1)

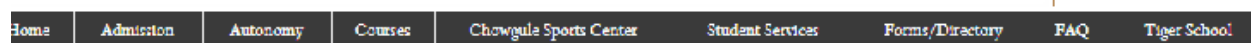
It says 'Ask E-Resource'; it was a very useful feature of the college website which used to work just right last year. If you are new and wondering what it used to do: It used to give you a pdf of certain books from the library making it accessible anytime and anywhere.

Well, Now this year it isn't working. When you try to use it gives you the following error (refer Image 2)

And you never get an email from the e-resource group!!

When asked about the above issue, Software Developer from the OIT Ms. Pradnya Parab said that the server for e-resources is down and should be back in about a week.

BY MR. SHUBHAM VERLEKAR



PIC: Image 2

Sorry since file is too big mail is not sent to you. Your request is sent to Eresource group and you will shortly receive email.

## CHOWGULE TABLE TENNIS CHAMPIONS

The University Sports Tournament conducted the table tennis matches on 17<sup>th</sup> and 18<sup>th</sup> July at the Campal Indoor Stadium, Panjim where the Chowgule Table Tennis team proved their mettle by winning the gold in the boys and girls category. After getting disqualified last year at the initial level in the same tournament, the team has bounced back this year by winning the coveted Champions Title.

The team consisted of:-

Boys Category: - Mr Anang Mahato, Mr. David Fernandes, Mr. Nikhil Jadhav, Mr Valdo Fernandes, Mr. Valdo Fernandes and Mr. Yash Naik.

Girls Category: - Ms. Aswariya Joshi, Ms. Eleanor Do'Rosario, Ms. Lashmi Shetye and Ms. Sarah Sousa.

Like the others in the team, Mr. Anang Mahato was overjoyed by the final outcome. He believes that the teams hardwork and practise has finally shown



results.

Mr. Valdo Fernandes hopes that the team continues its winning streak in the upcoming events lined up for this year.

The college wishes them the very best for the tournaments ahead.

BY MS. SASHA FERNANDES

**EXCLUSIVE:**  
**ALPHA GETS FEATURED IN**  
**THE GOAN: 29 JULY, 2017.**  
**CHECK OUT THEIR**  
**ONLINE PAGE**

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